





# Vision

To deliver the best to the customers conforming to the international standards in every process.

# Mission

To be the most preferred supplier of the Indian Spices by maintaining highest standards of quality that imparts a distinct taste to a dish.



## Rajasthan

Rajasthan, a land of culture is known for its heritage, culture, spices, herbs, lush forests and wildlife that makes it nonpareil. The major attractions are the desert laden with sand dunes and camels to ride on and historic monuments.



#### Spices (Whole & Ground Spices) Cumin Seeds Aniseeds Dry Ginger Fennel Seeds Bay Leaves Fenugreek Leaves Red chilli Powder Black Pepper Carom Seeds Red Chilli Whole White Pepper Nutmeg Chilli Flake Coriander Seeds Caraway Turmeric Finger Clove Tamarind Fenugreek Seeds Cardamom Green

## **CUMIN SEEDS**

Also Known as: Cumin, Jeera, Zeera, Seeragam

Scientific Name: Cuminum Cyminum

Oblong shaped, these pale or dark brownish seeds are a very popular in the world and are used as a spice for their distinctive aroma. Its nutty flavour packs a punch when it comes to adding a nutty and peppery flavour to dishes. Today Cumin Seeds are playing a vital role in Indian and Middle Eastern Cuisine, where it is the key component of curry powder.

#### जीरा

بذور الكمون 孜然 クミンシード Semillas de comino Komijnzaad Graines de cumin

Семян тмина Kreuzkümmel



# FENNEL SEEDS Also Known as: Saunf or Sonp

Scientific Name: Foeniculum Vulgare
The fennel plant is native to the Southern

European & Mediterranean Regions, though it is cultivated and produced in other parts of the world such as China & Egypt. The Fennel Seeds are oval in shape and green or greenish brown in colour which symbolizes longevity, strength and courage.

### सॉफ

الشمر بذور 茴香籽

フェンネルの種子 Las semi**ll**as de hinojo

Venkelzaad Les graines de fenouil Семена фенхеля

Fenchelsamen



## Maharashtra

Maharashtra is a colourful state with different types of costumes, mouth-watering cuisines, different forms of dances and music according to the physical features of the locality. It is known for the metropolitan cities like Mumbai, which are blessed with scenic and architectural beauty.

## RED CHILLI POWDER

Also Known as: Lal Mirch Powder

Scientific Name: Capsicum Annum L

A fine ground chilli powder that is a perfect blend of colour & pungency. Chilli Powder has many beneficial properties, making it an important part in Indian recipes. It is also used in Ayurvedic Medicines to fight many diseases & cleaning nasal congestion, relieves throat infection and acts as a painkiller for muscles.

### लाल मिर्च पाउडर

紅辣椒粉 赤唐辛子の粉 Polvo de chile rojo Rode chilipoeder Poudre de piment rouge Красный порошок чили Кreuzkümmel



## CHILLI FLAKES

Also Known as: Cayenne Peppert

Scientific Name: Linum Usitatissimum

Well grounded red chilli flakes of the finest quality are knows for their red colour and mild pungency. Red chillies have fat and often used in many Indian Cuisines. Though much-maligned for imparting a hotness that can be unbearable and lasting, red chillies used in conjunction with other spices can add zing to any boring dish.

## मिर्च फ्लेक

الفلفل الحار فليك 辣椒鳞片 チリフレーク Chilli Lino Chilli Vlas Lin Chilli Chilli льна Chilli гына





## RED CHILLI WHOLE

Also Known as: Sukha Lal Mirch

Scientific Name: Capsicum Annuum

Whole Red Chillies are medium hot, added to hot oil when fried they turn dark in colour and give a lovely flavour to the dish. Popular in hot tadka dishes and Thai curry dishes. It has intensely pungent flavour with a biting hot, sharp and cumulative lingering effect.

## लाल मिर्च

紅族椒全 紅辣椒全 赤唐辛子全体 todo chile rojo Rode peper Piment rouge Красный перец чили Rotes chilli Ganzes



# RED CHILLI WITHOUT STEM

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### लाल मिर्च

لفنفل الأحمر كله 红辣椒全 赤唐辛子全体 todo chile rojo Rode peper Piment rouge Красный перец чили Rotes chilli Ganzes



## Madhya Pradesh

Culture of Madhya Pradesh is vibrant and colourful. Cuisines of Madhya Pradesh are known for their sumptuous. Majorly food is hot and spicy. Cuisine of Madhya Pradesh has a small touch of Rajasthani and Gujarat cuisines. Previously Jowar was the principal cereal here, but now wheat is the staple food of Madhya Pradesh. It has a wildlife in which 'Barasingha' as known here or Swamp Deer is the prominent one.

## TURMERIC FINGER

Also Known as: Haldi, Haldhar, Halad

Scientific Name: Curcuma Longa

Garden fresh turmeric finger with golden yellow colour known for its high Carcumin (Colour property) content. Turmeric has multipurpose use for food preparation and facial applications and as a colouring agent. On the other hand several unique properties of Indian Turmeric make it the ideal choice as a food flavour, an effective ingredient in medicines and cosmetics.

### ਜ਼ੁਕੂਰੀ ਜ਼ੁਕੂਰੀ

الكركم الإصبع 姜黄根手指 ウコン指 Cúrcuma dedo Kurkuma vinger Doigt de curcuma Kypkyma finger



## ANISEEDS

Also Known as: Saunf

Scientific Name: Pimpinella Anisum

Aniseed is considered as a spice in India and around the world for its sweet licorice-like taste. It's widely used for flavouring curries. bread, soups, baked goods, deserts, alcoholic E non-alcoholic beverages. In India it's grown to a small extent as a culinary herb or as a garden plant. Basically the Aniseed is anti-bacterial, anti-fungal, anti-oxidant, stimulant, carminative and expectorant.

العاني البذور ターメリック指 Anises Anijszaadjes Aniiszaadies Aniseeds

Anissamen





## ■ FENUGREEK SEEDS |

Also Known as: Methi Dana, Menthulu (Telugu) & Venthyam (Tamil)

Scientific Name: Trigonella Foenum-graecum

Yellowish-brown smooth and oblong shaped Fenugreek Seeds is an ancient spice with a slightly bitter taste. Popularly known as Methi Dana in Indian Homes, have a bittersweet flavour and used in Indian cuisine like Dals & Vegetables. The dried form of fenugreek leaves called "Kasoori Methi" is a popular spice used to enhance the flavour of Indian dishes.

## मेथी दाना

胡芦巴种子 コロハ種子 semillas de fenogreco Fenegriek zaad Les graines de fenugrec Семена пажитника Bockshornkleesamen



## BAY LEAVES

Also Known as: Tej Patta

Scientific Name: Laurus Nobilis

Bay Leaves is one of the oldest spices in the world known by the name 'Sweet Bay', 'Bay Lureal', 'Nobel Lureal' and 'True Lureal'. The Bay Leaves have aromatic fragrance and are bitter and spicy in taste. The appearance of Indian Bay Leaves is same as that of other bay leaves but their culinary usage are different.

#### तेज पत्ता

أوراق الغار 月桂叶 ローリエの葉 Hojas de laurel Laurierblaadies Feuilles de laurier Лавровый лист Lorbeerblätter

## BLACK PEPPER

Also Known as: Kali Mirch

Scientific Name: Piper Nigrum

Black Pepper is acclaimed for its superb flavour and bite. It essentially serves as a spice, employed enormously for seasoning and garnishing of food. The spice owning to its rich aromatic popularity in Indian Kitchens also is acknowledged by umpteen regional Indian names like Kali Mirch and Siah Mirch.

#### काली मिर्च

الفلفل الأسود 黑胡椒 黒コショウ Negro pimienta Zwarte peper

Poivre noir Черный перец

Black pepper



## Gujarat

by traditional music & dance performances, which defines its uniqueness and blesses this state with rich tradition of performing arts. The major festival celebrated here is 'Navratri', which incorporates a special dance form originated here called as 'Garba'.



## CORIANDER SEEDS

Also Known as: Dhania, Akha Dhania

Scientific Name: Coriandum Sativum

Coriander is one of the oldest herbs and spices on record. Coriander seeds are tan coloured and light in weight with subtle flavour that is warm and spicy with a slight hint of citrus flavour. These seeds are the excellent source of Minerals like Iron, Copper, Calcium, Potassium, Manganese, Zinc and Magnesium.

بذور الكزبرة 芫荽籽 コリアンダーの種 Semillas de cilantro koriander zaden Les graines de coriandre Семена кориандра Koriandersamen



## WHITE PEPPER

Also Known as: Safed Mirch Scientific Name: Piper Nigrum

White Pepper is acclaimed for its superb flavour and bite. It essentially serves as a spice, employed enormously for seasoning and garnishing, the dried version and fruit of the tree Piperaceae of which can be witnessed virtually in every Indian homes.

الفلفل الأبيض 白胡椒 白コショウ Pimiento blanco Witte peper Le poivre blanc белый перец Weißer Pfeffer



## CLOVE |

Also Known as: Laung

Scientific Name: Syzygium Aromaticum

Clove is one of the oldest spices in the world which is dried unopened flower of a small evergreen tree. It is indigenous to the Moluccas Islands of Indonesia. Cloves are frequently used in dishes to impart its distinctive flavour. Since the aroma is string hence only little is required to use. In the number of spice mixture like Eas-el-hanout, Curry Powders, Mulling Spices, Clovers are

クローブ

Clavo Kruidnagel

Clou de girofle

Гвоздика Gewürzne**l**ke



## Kerala

Beaches, sea and sand are the few gifts that are given by the Gods to Kerala. It also has rich & unique flavours of Sea Food, 'Malayali Cuisine' which is known so, because of the native language Malayalam. Kerala is famous for its spices and its spicy recipes of vegetarian & non-vegetarian food. Kerala is famous for its tourist spots viz. Backwaters in Alleppey.

## CARDAMOM GREEN

Also Known as: Elaichi

Scientific Name: Elettaria Cardamomum

Cardamoms are small, very light and filled with a wonderful flavour spices. It is used for many medical purposes. Ancient Greeks and Romans used Cardamom in foods dishes as well as for medicines and perfumes. Today it is an essential ingredient in Arabic Coffee and Indian dishes.



الهيل الأخضر 豆蔻绿

カルダモングリーン Cardamomo verde Kardemom groen La cardamome verte

кардамон green Kardamon Grün



## FENUGREEK LEAVES

Also Known as: Kasuri Methi

Scientific Name: Trigonella Foenum Graecum

Fenugreek Leaves is an ancient spice and is mostly used in Middle East, Northern-Eastern Africa and India especially for pickles. Fenuereek has three culinary uses: as a herb (dried or fresh leaves), as a spice (seeds), and as a vegetable (fresh leaves, sprouts, and micro-greens). The seeds are used in the preparation of pickles, vegetable dishes, dals, and spice mixes, such as panch phoron and sambar powder. Fenugreek seeds are used both whole and in powdered form and are often roasted to reduce their bitterness.

الحلبة يترك 香豆叶

フェヌグリークの葉

Semillas de fenogreco Fenegriek bladeren

Fenugrec laisse

**Nажитника** листья Bockshornkleeblätter





## DRY GINGER

Also Known as: Adrak Scientific Name: Zingiber Officinale

Fine-grounded, renowned for its tangy aroma, sharp fragrance and biting flavour. Ginger acts as a useful food preservative. Candied ginger is the root cooked in sugar until soft and is a type of confectionery.

الزنجبيل الجاف ドライジンジャー Jengibre seco Droog gember Gingembre sec Сухого имбиря Trockene Ingwer



## CAROM SEEDS

Also Known as: Ajwain

Scientific Name: Trachyspermum Copticum

Originated from Middle East, possibly in Egypt, known for its aroma and flavour. It is also known as a digestive aid and an antiemetic. Carom Seeds are pale khaki coloured & looks like a smaller version of cumin seeds.

主教雜草 司教の雑草 Obispo maleza Bisschop onkruid L'évêque les mauvaises herbes Епископ от сорняков Bischof Unkraut

## NUTMEG |

Also Known as: Jaiphal, Jouza at-Teeb

Scientific Name: Myristica

Hard brown seed from Nutmeg Tree has a warm, spicy sweet flavour. Nutmeg is not a nut, but the kernel of the apricot like fruit. It's a small package with several health benefits. It's used for prevention and healing of many known diseases.

## जायफल

جوزة الطيب 肉豆蔻 ナツメグ Nuez moscada Nootmuskaat n. noix de muscade Мускатный орех Мизкатниss



Orissa is the land of arts, where dance and music form an inseparable part of the rich culture. The food here is hot, spicy just like the rest of India. This place is filled with many awe-inspiring monuments, thousands of master craftsmen and artists, numerous wildlife sanctuaries and natural landscapes.

## CARAWAY |

Also Known as: Carvi

Scientific Name: Carum carvi

Caraway dates back to the Stone Age. The discovery of Caraway in prehistoric communities by archaeologists in Southern Europe indicates that the plant was a part of early man's daily life. Caraway is grown extensively all over Europe, North Africa, and Asia Minor. It grows to about 2 feet in height with small feathery leaves. The seeds which appear like cumin, are crescent in shape and dark brown with up to five vertical ribs.

#### काला जीरा

كمون 香芹籽

キャラウェー

Alcaravea Karwii

Carvi

тмин Kümmel





## MACE

Also Known as: Javitri, Javinthri, Jaypatri

Scientific Name: Myristica

Mace is originally grown form Nutmeg Tree in Molucca Islands in Indonesia. It has versatile flavour that can be used in many food preparations. It also adds aroma to enhance the taste of the food. It's highly nutrition's product that contains protein and fibre in high quantity.

#### जावित्री

صولجان

メイス

Macis

Foelie

Macis булава

Muskatblüte (Gewürz); Streitkolben;





## TAMARIND |

Also Known as: Imli

Scientific Name: Tamarindus Indica

Tamarind is in the family fabaceae. It is used as a spice in both Asian and Latin American cuisines and is also an important ingredient in Pulusu (Tamarind based sauce from Andhra Pradesh, India). In Mexico it is sold in various snack forms, where it is dried, salted or candied.

#### डमली

التمر الهندي

罗望子

タマリンド

Tamarindo

Tamarinde

Tamarin Tamarind

Tamarin



## Manipur

Manipur is defined by the beauty of blue green hills, tripping rivers, carpet of flowers and exotic lakes. The former Manipur fine dining was exactly a sit-down affair along with Banana leaf Rice forms the staple diet of Manipur people. Manipur cuisines are rich in non-vegetarian delicacies. Iromba is another fermented delicacy, which is actually an eclectic combination of fish, vegetables and bamboo shoots.



Oil Seeds				
Yellow Mustard Bold & Small	Peanuts			
Black Mustard Bold & Small	Castor Seeds			
Sesame White	Nigella Sativa			
Sesame Black				
Flax Seeds				
Groundnut in Shell				
Soyabean Seeds				



Also Known as: Rai

Scientific Name: Brasicca Campestriss

Mustard is one of the oldest spices and one of the most widely used in the world. The Chinese were using mustard thousands of years ago & the ancient Greeks considered it as an everyday spice. In India these seeds are fried in ghee until the seed pops producing a milder nutty flavour that is useful as a garnish of dishes. Yellow Mustard is beneficial in relieving an aching back or arthritis pain. It enhances the soothing effect of the Epsom salt and also help to relax stiff, sore muscles.

#### पीला सरसों

関いている | Iking | Ikin

# BLACK MUSTARD BOLD & SMALL

Also Known as: Kali Rai, Kali Sarson, Lal Sarson

Scientific Name: Brassica Nigra

Black Mustard is probably endemic in the Southern Mediterranean region but has been cultivated since thousands of years therefore, numerous cultivars are found. It is the most commonly used spice in the Indian Cuisines. It is tiny with a slight reddish hue to some seeds. It has a much more pungent aroma as compared to other mustards.

### काली सरसों

أسود الخردل 黑芥子 黒ガラシ Mostaza negra Zwarte mosterd

Moutarde noire черная горчица

черная горчица Schwarzer Senf



## Karnataka

Karnataka culture is rich and colourful in many ways. It is a land blessed with ageless monuments, lush green forests and timeless temples, exhilarating adventure sports, colourful art & culture. Music, dance and drama are the very lifeblood of Karnataka.

## SESAME WHITE

Also Known as: Til

Scientific Name: Sesamum Indicum

Sesame Seeds are mostly used in the bakery, confectionaries, candy making and in other food industries. Oil is used in cooking, margarine and contains about 47% oleic acid and 39% linoleic acid. The sesame oil is also used in the manufacturing of soaps, pints, perfumes, pharmaceuticals & insecticides.

## सफेद तिल

芝麻白 芝麻白 ごま白 Sésamo blanco Sesam Wit De sésame blanc кунжут белый

Sesam Weiß



Also Known as: Linseed

Scientific Name: Linum usitatissimum

It may be tiny, but it's mighty. The flax seed carries one of the biggest nutrient payloads on the planet. And while it's not technically a grain, it has a similar vitamin and mineral profile to grains.

### सन

بذور الكتان 亚麻种子 亜麻の種子

semillas de lino Lijnzaad n. grains de lin





## SESAME BLACK

Also Known as: Til

Scientific Name: Sesamum Indicum

Sesame Black is a small flat seed, dark in colour which are used in cooking or for their medicinal properties. The use of sesame seeds and oil dates back thousands of years. Black Sesame seeds are high in many minerals, calcium, iron as compared to white ones. These seeds have a sweet and nutty flavour. It also contains zinc and calcium which improves bone health.

### तिल

芝麻黑 ごま黒 Sésamo negro Zwarte Sesam Sésame noir Черного кунжута Sesam Schwarz



## GROUNDNUT IN SHELL

Also Known as: Mungfali

Scientific Name: Arachis Hypogaea

Delicious, crunchy and nutty Groundnuts are one of the popular oil seeds known to people. The nuts are enriched with many benefits which are essential for health. Nuts are especially rich in mono unsaturated fatty acids that help to lower LDL. Just a hand full of nuts per day provides enough recommended levels of phenolic anti-oxidants, minerals, vitamins, and protein.

### मंगफली

ilbed llwecking
花生
ラッカセイ
Cacahuete
Grondnoten
Arachide
Apaxuc
Erdnussöl



## Haryana

Haryana is proud of a rich cultural heritage that goes back to the Vedic times and has a lot of Folklore tradition. Various festivals are celebrated throughout the year which brings people together. Haryana is also known for its embroidery weave called Phulkari. It is filled with magnificent colours and beautiful motifs.

## SOYABEAN SEEDS

Also Known as: Soya

Scientific Name: Glycine Max

Soyabean Seeds occur in many colour and sizes. Common forms of Soy (or Soya) include soy meal, soy flour, soy milk, tofu, textured vegetable protein and soybean oil. Soybeans contain all the amino acids which are essential for a human body.

## सोयाबीन

فول الصويا 大豆

種〔シード〕

De soja Sojabonen

Soyabean семян

Sojabohnen

## **CASTOR SEEDS**

Also Known as: Castor Bean

Scientific Name: Ricinis Communis

Castor Seeds are the source of Castor Oil, which has wide variety of uses and ricin. The use of Castor Seed Oil in India has been documented since 2000BC for use in lamps and in local medicines as laxative. Castor Seeds contains between 40% and 60% oil that is rich in Triglycerides, mainly Ricinolein.

## अरंडी

بذور الخروع

Semillas de ricino

ricinus zaad

Graines de ricin





蓖麻种子

ヒマシの種子

касторового семян

Rizinus Samen



## PEANUTS

Also Known as: Groundnut

Scientific Name: Arachis Hypogaea

Delicious, crunchy, and nutty peanuts are one of the popular oil seeds known to humankind since ancient times. The nuts are enriched with many noteworthy healthbenefits. The peanut is a species in the legume or "bean" family. The peanut was probably first domesticated and cultivated in the valleys of Paraguay. It is an annual herbaceous plant growing 30 to 50cm tall.

الفول السوداني 花生米 ピーナッツ Cacahuates Pinda's Cacahuètes Арахис Erdnüsse



## NIGELLA SATIVA

Also known as: Fennel Flower Scientific Name: Nigella Sativa

Nigella Sativa can be used for cooking and also for medicinal purposes. Nigella Sativa helps in reducing inflammation in some individuals. These seeds may not be effective for everyone and even though they are natural, they can still cause adverse effects and interactions with medications.

### कलॉंजी

الشمر زهرة 茴香花 フェンネルの花 Hinojo flores Venkel Bloem Fleur de fenouil Фенхель цветок Fenchel Blume





## Bengal

New horizon, vibrant colours of culture, art & tradition, this is Bengal. It has exotic cuisines, rich history, heritage and a blend of art that defines the people of Bengal. Bengali Cuisine is an all time favourite in different parts of India for its spicy, aromatic and mouth-watering flavours. It has a rich wildlife with tiger being one of the prominent one, which is referred to as the Bengal Tiger.

## PSYLLIUM SEEDS **& HUSK**

Also Known as: Isabgaul

Scientific Name: Plantago Psyllium

Psyllium is the common name for several members of the plant genus Plantago whose seeds are used commercially for the production of mucilage. The United States is the world's largest importer of Psyllium Husk with over 60% of total imports going to Pharmaceutical firms. It is used as a supplement to help people lose weight, lower cholesterol, prevent cancer, treat diabetes and ease pain associated with irritable bowel syndrome & hemorrhoids.

#### डसबगोल

البذور و قشر 种子和 オオバコの種子 Las semillas de Psyllium Psyllium zaden Les graines de psyllium Семена подорожника Psylliumsamen





Also Known as: Mehndi

Scientific Name: Lythraceae

Great in colour, exotic in applications, Heena is used in various festivals celebrations by women & children. It is left on overnight and will last one month or more depending on the plant and how well it was ground and how long it is left on. The most common usage is as a dye for hair, skin, fingernails, leather and cloth and also as a preservative.

حناء العزلاء 指甲花

ヘナ

Alheña Henna

Henné

хна Henna



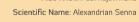
Also Known as: Shalari, Ajmud, Ajmoda

Scientific Name: Apium Graveolens

CELERY SEEDS

Celery Seeds are used by Indians as a medicine for thousands of years and in other parts of the world. During ancient times Celery Seeds are used to treat flu, cold, water retention, poor digestion & other diseases. Today it is primarily used as a diuretic.





Also Known as: Rajavriksha

**SENNA LEAVES** 

**& SENNA PODS** 

Senna is an Arabian name and the drug was first brought into use by Arabian Physicians Serapion, Mesue & Achiarius. Senna Leaves was considered as a cleansing herb because of its cathartic effect. In addition the leaves were made into a paste & applied to various skin diseases.

سينا يغادر & سنا 塞纳叶和豆荚塞纳 セナ葉&セナポッド Senna hojas y vainas Senna Senna-Bladeren & Senna-pads Graines Senna Сенна семена Senna Senna & Hülsen





## अजमोडा

الكرفس البذور 芹菜种子 セロリの種 Semillas de apio Zaden van de selderie Graines de céleri семена сельдерея Selleriesamen



## Uttar Pradesh

Uttar Pradesh is a microcosm of the entire Indian nation. It has absorbed many immigrant culture land race within its borders & created a unique cultural heritage found nowhere else in the country. In Uttar Pradesh festivals are celebrated in high spirits. Music, festivals, suave cuisine and classy lifestyle epitomize the culture of Uttar Pradesh as customary, yet debonair.

## **GUAR GUM**

Also Known as: Guar Dal

Scientific Name: Cyamopsis Tetragonolobus

Gum is derived from Guar Seeds or Cyamopsis Tetragonoloba termed as Guar Gum. Guar Gum can also be termed as Guaran. These seeds have high-low shear viscosity as evaluated with other hydrocolloids like (locust bean gum). Guar Gums are effective thickeners § stabilizers.

Guar Gum is relatively cost effective as compared to other thickeners & stabilizers along with it being an effective binder, plasticizer and emulsifier. One of the important properties of guar gum, a polysaccharide is that it is high on galactose & mannose. Guar gum is also known as guarkermmehl, guaran, goma guar, gomme guar & galactomannan.

## الغار اللثة الغار اللثة

瓜尔豆胶 グアーガム Goma de Guar Guargom Gomme de guar ryapoвая смола



Also Known as: Nariyal Bura

Scientific Name: Cocos Nucifera

Coconut Powder is manufactured from matured coconuts. Coconut taken in raw form can benefit the body in many ways. Coconut helps to cleanse and detoxify body system. It helps in liver cleansing. Many people consume raw coconut to derive all its goodness in natural form.

### नारियल ब्रा

##子粉 ココナッツパウダー Coco en polvo Kokospoeder De noix de coco en poudre кокосовый порошок



# COCONUT HALVES (KATORA)

Also Known as: Coconut Octopus, Veined
Octopus

Scientific Name: Amphioctopus Marginatus

Coconut Powder is manufactured from matured coconuts. Coconut taken in raw form can benefit the body in many ways. Coconut helps to cleanse and detoxify body system. It helps in liver cleansing. Many people consume raw coconut to derive all its goodness in natural form.

#### नारियल

椰子半 コナッツの半分 Mitades de coco Kokosnoot helften Moitiés de noix de coco кокосовое половин Kokosnuss-Hälften



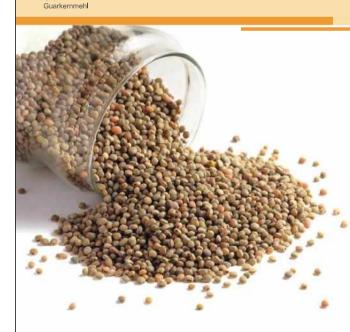
Also Known as: Akha Dal, Cluster Beans

Scientific Name: Cyamopsis Tetragonoloba

Guar also known as cluster bean is an annual legume crop that provides a natural source of hydrocolloid (substance that forms thick solution at low concentration with water). Guar plant is rough to touch, bushy plant and has the ability to dwell even in the drought like conditions. India is the major producer of Guar Seed in the world. India contributes nearly 80% of world's total Guar Seed production. It is used for human consumption, cattle feed, medicinal purposes. It is also used for soil improvement. Guar has been cultivated in India for use of its tender pods as fresh vegetables & other parts of the plant to be used as cattle feed.

## ग्वार बीज

بنور الغار 瓜尔豆种子 グアーの種子 Semillas de guar Guarzaden Graines de guarée гуаровая семена Guar Samen





## Arunachal Pradesh

Arunachal Pradesh boasts the mesmerizing natural beauty, it is also dubbed as one of the picturesque states of India. Vibrant natural dresses are one of the key features of Arunachal Pradesh. Since the state has number of tribes, each tribe has its own culture and cuisines. It is rich in various forms of art.



### Also Known as: Bazra

### Scientific Name: Panicum miliaceum

Pale yellow in colour, high in proteins, millet is the sixth important grain in the world. It is the principal food sources in arid and semi arid regions of the world. In western India millet flour has been commonly used with Jowar flour for hundred of years to make the local staple flat bread. Millets are traditionally important grains used in brewing millet beer in some culture.



natie

Hirse



ミレー nación millet просо

## WHEAT

Also Known as: Gehu

Scientific Name: Triticum

Wheat is a cereal grain originally from the Levant region of the Near East & Ethiopian highlands, but now cultivated worldwide. In 2010 world production of wheat was 651 million tons, making it the third mostproduced cereal after maize & rice.

Grains				
Millet (Bazra)	Barley	Rice		
Wheat	Sorghum	Maize		



Tarwe Blé

пшеница Weizen



## Uttarakhand

Uttarakhand is known for its scenic beauty, the snowclad Himalayas, myriad lakes, lush greenery and cultural heritage. Many National parks and forests thrive in this area. The culture of Uttarakhand is curbed out by its dance and music. Festival, cuisine and lifestyle too have largely contributed in its enrichment. It have many temples and tourist spots.

## BARLEY I

Also Known as: low

Scientific Name: Hordeum Vulgare

Barley is a healthy high-fibre, high protein, grain with numerous health benefits. When cooked, barley has a chewy texture & nutty flavour similar to brown rice. Most grown barley is refined to make barley malt a key ingredient in beer and is also used in feeding animals for food.



cebada aerst orge ячмень Gerste



## Also Known as: Chawal

RICE

### Scientific Name: Oryza Sativa

Rice is cereal foodstuff which forms an important part of the diet of many people worldwide and as a staple food for many. The origin of rice culture has been traced to India in about 3000BC. There are many varieties of long & medium grain rice available for many purposes. The main difference between long and medium grain rice. The long grain rice tends to remain intact after cooking, medium grain rice becomes more sticky. Medium grain rice is used for sweet dishes and for risotto and many Spanish dishes.

## चावल الأرز

米 ライス arroz rijst riz рис

Reis



## MAIZE |

## Also Known as: Corn

### Scientific Name: Zea mays

Maize or corn is a cereal crop that is grown widely throughout the world in a range of agro-ecological environments. More maize is produced annually than any other grain. About 50 species exist and consist of different colors, textures and grain shapes and sizes. White, yellow & red are the most common types. The white & yellow varieties are preferred by most people depending on the region.

الذرة 玉米 メイズ maíz maïs maïs кукуруза

Mais



Sorghum is a genus with many species and subspecies and there are several types of sorghum, including grain sorghums, grass sorghums (for pasture and hay), sweet sorghums (for syrups), and Broomcorn. It is an important food crop especially for subsistence farmers. Commercial Sorghum Species are native to tropical & subtropical regions of Africa, Asia with one species native to Mexico.

Scientific Name: Sorghum

## الذرة الرفيعة

ソルガム sorgo sorghum sorgho сорго Sorgum







## Tamil Nadu

Tamil Nadu is one of the most civilized states of India. Like other states it is known for the wide variety of foods both vegetarian and non-vegetarian. Grains, lentils, vegetables and rice are the main ingredients. Some of the most common dishes are idli, vada, dosa and upma. It has many temples and tourist spots.

## MOTH BEANS

Also Known as: Turkish Gram, Moth and Mar Bean, Mot and Haricot

Scientific Name: Vigna Aconitifolia

Moth Beans, the tiny bean comes in colour from pale beige to reddish brown and has a creamy yellow interior. Similar in flavour to moone beans but with a more nutty flavour. This bean is an extremely popular bean all over India, so popular in fact that it is exported when the home market has a surplus.



حبوب النفتالين 蝴蝶兰豆 Polilla Frijoles Motten bonen La spongieuse Beans





## **IAGGERY**

Also Known as: Panela

Scientific Name: Caryota

Jaggery or "Gud" is a pure, wholesome, traditional, unrefined whole sugar. It contains natural goodness of minerals and vitamins inherently present in sugarcane & this crowns it as one of the most wholesome & healthy sugars in the world. In Mexico & South America, it is known as Panela. It is no wonder that Jaggery (Panela) is regularly consumed by thousands of industrial workers/traffic policemen who are exposed to higher levels of pollution because it helps them breathe easier and counterpollution naturally.

## गुड़

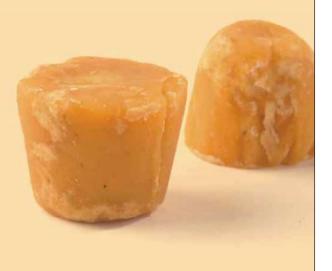
الحرفيه ジャガリー

Azúcar de palmera Jaggery

Jaggery

неочищенный пальмовый сахар

Jaggery





Also Known as: Chana

Scientific Name: Cicer Aritinum

Grams are one of the earliest cultivated vegetables. In Middle East more than 7000 years old remains have been found. Today India is the world's largest producer of Grams also known as Chana are renowned for delicious taste & high protein content. The Grams are used to make curries and are one of the famous foods in India, Pakistan, Bangladesh & UK. The flour is used as a batter to coat various vegetables & meats before frying.





## WATERMELON | **SEEDS & HULD**

Also Known as: Tarbuj Beej

Scientific Name: Citrullus Lanatus

Watermelon seeds provide a source of vitamin A, also known as beta-carotene, and vitamin C, both of which are antioxidants. The protein content of watermelon seeds are one of the main benefits. Just 1 cup of dried watermelon seeds contains over 60% of the recommended daily value of protein.

## तरबूज बीज

بطيخ 西瓜 スイカ Sandía Watermeloen Melon d'eau Арбуз Wassermelone





## Punjab

Punjab has a rich and varied culture full of colours and traditional songs. Punjabis have a great passion for dance and food. The cuisines of Punjab are mouth watering. The spice content ranges from low to medium to high. Traditional Punjabi food has variety of breads from which some are baked in the tandoor, a traditional style of cooking. They are tandoori roti, lachha paratha, naan and kulcha. There are many tourist spots which regale us with their beauty.



Dry Fruits			
Golden Raisins	Black Raisins		
Green Raisins	Almond		
Malyar Raisins (Brown)	Walnut		

## GOLDEN RAISINS

Also Known as: Kishmish

Scientific Name: Vitus Vinifera

Raisins are the original nature's candy. It is one of the most nutritious dried fruit in the world. Raisins are cholesterol-free, low in sodium and totally fat-free. It provides many necessary vitamins and minerals, including iron, potassium, calcium and vitamin B. Raisins are a good source of fiber and rich in antioxidants. Raisins are 70% pure fructose (a natural form of sugar) which is easily digested for quick energy.

## किशमिश

الزييب الذهبي 金色葡萄干 ゴールデンレーズン Pasas de uva doradas Gouden Rozijnen Les raisins secs dorés Золотой Изюм Goldene Rosinen



Also Known as: Kishmish

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Raisins are the original nature's candy. It is one of the most nutritious dried fruit in the world. Raisins are cholesterol-free, low in sodium and totally fat-free. It provides many necessary vitamins and minerals, including iron, potassium, calcium and vitamin B. Raisins are a good source of fiber and rich in antioxidants. Raisins are 70% pure fructose (a natural form of sugar) which is easily digested for quick energy.

## किशमिश

は は は は は は り 一 ン レ 一 ズン Pasas de uva verde Green Rozijnen Raisins Verts Зеленый изюмом Grüne Rosinen



## Himachal Pradesh

Himachal Pradesh also known as Devbhumi - Land of Gods is a beautiful hill station in India. The land has been influenced by many cross cultural streams that has developed distinct identities in each region of Himachal Pradesh. From vast tracts of high-altitude, trans Himalayan desert to dense green deodar forests, from snow capped high Himalaya mountain ranges to snow fed lakes and gushing rivers displays beauty everywhere.

# MALYAR RAISINS BROWN

Also known as: Kishmish

Scientific Name: Vitus Vinifera

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## **किशमिश**

葡萄干 レーズン Malyar Uvas Malyar Druiven Malyar Raisins Маляр изюмом Malyar Rosinen



## ALMOND

Also Known as: Prunus Amygdalus Batsch
Scientific Name: Prunus Dulcis

Almonds are the most nutritious of all nuts. Delicately flavoured and versatile almond is available throughout the year. Almonds are rich in vitamins & minerals that help build a healthy heart, especially vitamin E. These little nutrient nuggets are cholesterol free. Since cholesterol is a major risk factor for heart disease, adding almond to your diet is a great way to keep that risk under control.

## बादाम

لوز 杏仁

アーモンド

Almendra Amandel Amande

Миндаль Mandel





## **BLACK RAISINS**

Also known as: Kishmish

Scientific Name: Vitus Vinifera

Raisins are the original nature's candy. It is one of the most nutritious dried fruit in the world. Raisins are cholesterol-free, low in sodium and totally fat-free. It provides many necessary vitamins and minerals, including iron, potassium, calcium and vitamin B. Raisins are a good source of fiber and rich in antioxidants. Raisins are 70% pure fructose (a natural form of sugar) which is easily digested for quick energy.

## किशमिश

加ec I liune 栗葡萄干 ブラックレーズン Pasas negras Zwarte Rozijnen Raisins Noirs Черный изюм Schwarz Rosinen



## WALNUT

Also Known as: Akhrot

Scientific Name: Juglans

Walnuts have a long history as food, having been around from as far back as 7000 BC, and were popular as food for the royals in ancient Persia. Nowadays, US is a major producer of Walnuts with the bulk of the walnut coming from the state of California. They are rich in fiber, vitamins B, magnesium & antioxidants such as vitamin E. Indeed, walnuts are one of the best plant sources of protein.

### अखरोट

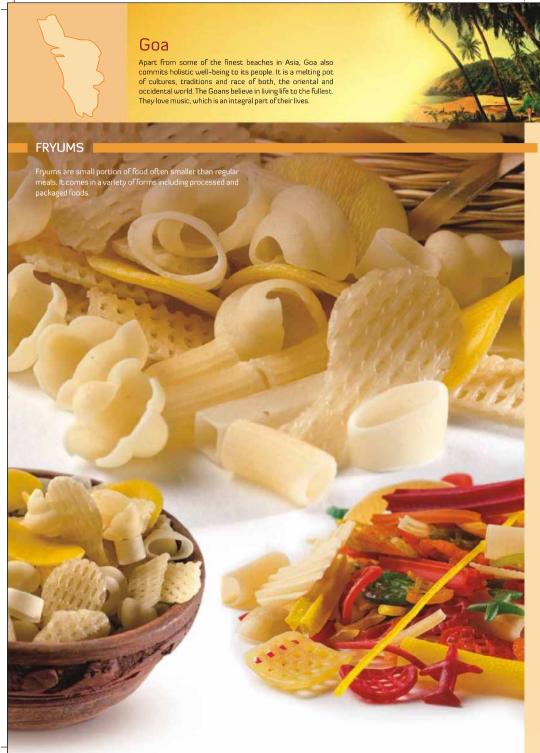
خشب الجوز 核桃

ウォールナット

Nuez Walnoot

Walnoot Noyer

Rрецкий opex Nussbaum



## STUFFING DETAILS

Sr. No.	Product Name	20 Ft.	40 Ft.
1	Cumin Seeds	15 Metric tons	26 Metric tons
2	Fennel Seeds	14.5 Metric tons	26 Metric tons
3	Dill Seeds (Split & Whole)	15 Metric tons	26 Metric tons
4	Celery Seeds	15 Metric tons	26 Metric tons
5	Coriander Seeds	9.5 Metric tons	17 Metric tons
6	Carom Seeds	15 Metric tons	26 Metric tons
7	Fenugreek Seeds	24 Metric tons	
8	Black Mustard Small	21-22 Metric tons	
9	Black Mustard Bold	21-22 Metric tons	
10	Yellow Mustard Bold	21-22 Metric tons	
11	Aniseeds	15 Metric tons	26 Metric tons
12	Fenugreek Leaves	5 Metric tons	12 Metric tons
13	Nigella Sativa	14 Metric tons	26 Metric tons
14	Black Pepper Bold	18 Metric tons	
15	Green Cardamom	12 Metric tons	
16	Black Cardamom	12 Metric tons	
17	Clove	10 Metric tons	
18	Bay Leaves	4 Metric tons	
19	Red Chilli Whole	7 Metric tons	15 Metric tons
20	Peanut Bold & Java	19 Metric tons	
21	White Sesame Seeds	19 Metric tons	
22	Black Sesame Seeds	19 Metric tons	
23	Watermelon Seeds	18 Metric tons	
24	Groundnut In Shell	8 Metric tons	17 Metric tons
25	Dry Ginger	12 Metric tons	
26	Turmeric Finger	20-21 Metric tons	
27	Crushed Chilli	14 Metric tons	
28	Guar Gum Powder	22 Metric tons	
29	Guar Split	22 Metric tons	
30	Barley	18 Metric tons	
31	Sorghum	22 Metric tons	
32	Millet	24 Metric tons	
33	Halam	24 Metric tons	
34	Psyllium Seeds & Husk	20-21 Metric tons	
35	Castor Seeds	20 Metric tons	
36	Senna Leaves	11 Metric tons	
37	Cassia Tora	22-24 Metric tons	
38	Tamarind	20-21 Metric tons	
39	Caraway Seeds	15 Metric tons	26 Metric tons
40	Soyabean Seeds	20-21 Metric tons	
41	Rice	20-21 Metric tons	
42	Raisins	18 Metric tons	26 Metric tons
43	Wheat	24 Metric tons	